CRONULLA SAILING CLUB

(INCORPORATING PORT HACKING OCEAN YACHT CLUB)



2025-26 Twilight Sailing Instructions & Course Book



1. TWILIGHT SAILING OBJECTIVES

- a. To encourage and promote participation in sailing.
- b. To welcome members and guests to sail and socialise.
- c. Encourage participants to learn, compete and build confidence towards weekend racing.

2. EVENT SCHEDULE

- Twilight sailing will be conducted on Friday evenings in Gunnamatta Bay, during the Daylight Saving period.
 - 1st race being the 10th of October 2025
 - ii. Last race being the 3rd of April 2026
- b. Pursuit starts shall be used
 - The first boat starting at 1800 hrs (6pm)
 - 1. With the following exceptions at the beginning & end of the season due to shorter days with the first boat starting at 1730 hrs (5.30pm)
 - a. 10th October 2025
 - b. 17th October 2025
 - c. 20th March 2026
 - d. 27th March 2026
 - e. 3rd April 2026
- c. GPS time shall be used to determine the correct time for starting.

3. RULES

- All races will be governed by the rules defined in the ISAF Racing Rules of Sailing (RRS), the prescriptions and special regulations of Australian Sailing (AS), COLREGS, NSW Maritime requirements, and by these Sailing Instructions.
- Friday Twilight series consists of one non-spinnaker fleet, sails must not be set forward of the forestay, and twin headsails are not permitted.
- All competitors must keep a minimum of one boat length from moorings and moored boats.
- d. For an infringement of Part 2 of the RRS, a 360 degree turn penalty in accordance with RRS Rule 44.1 is amended so that 'one turn' is substituted for 'two turns'.
- e. All competitors shall carry at least one form of serviceable electronic communication, in addition to VHF radio, e.g mobile phone.
- f. Vessels who do not have installed navigation lights are required to carry portable navigation lights capable of being attached to vessels., and must be mounted and operated after sunset.
- g. Attention is drawn to RRS Fundamental Rule 3 Decision to Race: The responsibility for a boat's decision to participate in a race or to continue racing is theirs alone.

4. TIME LIMIT

- The time limit for twilight racing is 2000 hrs (8pm), or official sunset, whichever is earlier.
- b. Boats failing to finish before the time limit shall be scored Did Not Finish (DNF) for that race.

5. ENTRY, ELIGIBILITY & SAFETY

a. To be eligible to race and receive a result, boats must enter online through the SailSys race management system, at least 48 hours before the race start time.



- All persons on board a boat whilst racing shall be financial sailing members of a Club affiliated to Australian Sailing and have an Australian Sailing number, or hold a valid SailPass for each race day.
- c. Before crossing the starting line, each boat should log their crew on SailSys and shall keep a log of their participating crew
- d. All boats shall carry safety equipment complying with Australian Sailing Special Regulations for Category 7+ events, and have that safety equipment inspected annually by an authorised safety auditor. Category 7+ is defined as all requirements of Category 7, with the addition of:

Equipment	AS Special Regulation
Bilge Pump (if LOA > 8m)	3.20.6
Compass	3.21.1
Chart of the Area	4.10.1
Lifebuoy (without light)	4.21.1
Red Hand Flares (2)	4.22
Orange Smoke Signals (2)	4.22
Distress Sheet	4.27.1
Heaving Line (min 15m x 6mm diam, attached to lifebuoy)	4.23.1
Fresh Water (2 litres per crew)	
Handheld VHF, capable of dual scanning Ch 73/16.	

6. STRONG WINDS

- a. In the event of a gale warning for the course area being issued by the Bureau of Meteorology (www.bom.gov.au) which is current within two (2) hours of the race start time, the race shall be abandoned.
- b. If winds on the course area within thirty (30) minutes of the start time exceed a steady velocity of twenty (20) knots for a minimum of thirty (30) seconds, or gust velocity of twenty-five (25) knots, the race set down for that day may be abandoned.

7. HANDICAPS

- a. Eligible boats shall be allocated a pursuit handicap start time (in minutes) and shall start at the appropriate number of minutes after the 1800 hrs (6pm) GPS start time.
- Skippers shall text their finish time directly to the race officer, or via the twilight
 Whatsapp group, in 24 hour format (00:00:00) as soon as possible after finishing, to 0410
 326 122
- c. Final results shall be calculated based on elapsed time, not pursuit finish position. Pursuit handicapping provides an estimate of finish position, but does not account for the conditions and course length on the day.
- d. Results shall be calculated using the Performance Handicap System (PHS), using SailSys race management software.
- e. Handicaps shall be adjusted after each race, and will be posted in the skippers Whatsapp group at least 24 hours prior to the race.
- f. There will be no change in handicap for boats that score DNS, DSQ or DNF.



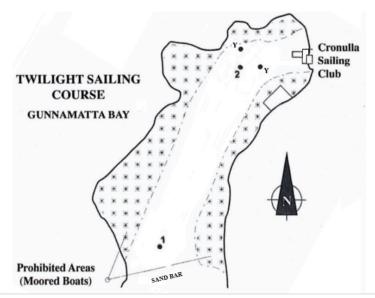
8. PRIZES

- Prizes will be awarded for 1st, 2nd, and last place-getters following each race on PHS handicap.
- b. On days when races commence at 1800 hrs
 - There will be a pre race briefing at 5.30pm on the wharf & the prizes from the previous weeks results will be presented at that briefing
- c. On days when races commence at 1730 hrs
 - There will be a pre race briefing at 4.45 pm on the wharf & the prizes from the previous weeks results will be presented at that briefing
- d. Any prize not collected at that time will be forfeited to the next placed boat.
- e. Season pointscore prizes shall be awarded at the Club presentation night.

9. COURSE

- a. The start and finish line is between the two yellow marks South of Calico Marina at the northern end of Gunnamatta Bay. These marks shall not be used as turning marks whilst racing, and shall be treated as obstructions.
- b. A moored buoy shall be centred approximately 50m south of the start/finish marks, and will constitute the rounding mark whilst racing.
- A moored buoy shall be located at the southern end of Gunnamatta Bay, approximately 100m north of the sand bar.
- d. The course shall be shortened by reducing the number of laps required to complete the course, if the lead boat has not finished within 1.5 hours of the nominated start time, or there is insufficient time for all boats to finish before sunset. This will be communicated by the Race Officer via VHF radio, and / or the Twilight Series Whats App group.

The full course shall be three laps, with all roundings to port: Start (yellow buoys) to 1, 2, 1, 2, 1, to Finish (yellow buoys)





10. PROTESTS

- a. Cronulla Sailing Club wishes to discourage the need to protest during twilight racing.
- b. Vessels must avoid collisions irrespective of individual rights.
- c. Vessels not provided their rights must signal with a red flag, hail protest, and give the offending vessel a reasonable opportunity to exonerate their error with a 360 degree penalty turn as soon as possible, once clear of other boats and obstacles. An offender may otherwise elect to retire from the race.
- d. The Race Committee reserves the right to protest a competitor if it learns of an incident that may have resulted in injury, serious damage, or blatant breaches of the rules.

11. RISK WARNING

This Risk Warning is issued jointly by Cronulla Sailing Club Ltd. and NSW Maritime Authority, pursuant to the Civil Liability Act 2002 to all persons wishing to participate in sailing activities conducted by Cronulla Sailing Club Ltd.

Participants are warned that, regardless of the precautions, which might be taken by reasonable and experienced persons, sailing can be a dangerous pursuit and participants are exposed to significant risk of property damage, physical harm and possibly death.

As an indication, these risks may include, but are not limited to:

- The extremes of weather and sea conditions
- The potential that control of vessels may be lost, resulting in collision with objects and other vessels
- The sudden movement of the vessel at any time and the possibility that participants may fall or be thrown overboard, resulting in drowning
- The possibility that participants may be injured by equipment on the vessel
- The absence of immediate medical care and the likelihood that significant delays may occur before medical care is available
- Exposure to the elements for extended periods

Cronulla Sailing Club Ltd. and NSW Maritime Authority also warn participants that regardless of their best intentions, they may be unable to render assistance to participants who are in distress. Participants are warned to consider the above risks and all other risks before deciding to participate in any sailing event with Cronulla Sailing Club Ltd.

Participants are also advised that although Cronulla Sailing Club Ltd. is covered by third party liability insurance, this cover does not extend to participants. Any participant who considers they have a need for insurance must make their own private arrangements with an insurer. A personal accident insurance policy is available with subscription membership of Australian Sailing.

For more information, please contact the Twilight Representative,

Bob Sagar on: **0410 326 122**